

**RELAY LOOPS**

- Forge Wood**  
Distance: 5.5km  
Elevation: 100m
- Saxonbury Tower loop**  
Distance: 5.6km  
Elevation: 142m
- Eridge House loop**  
Distance: 7.5km  
Elevation: 165m
- Whitehill Wood Loop**  
Distance: 13.6km  
Elevation: 340m

